The Zones of Regulation provides a clear road map of thoughtfully designed lessons to help educators empower students to develop self-regulatory abilities—abilities that research demonstrates will ensure success in life well beyond the classroom. Educators will find The Zones of Regulation to be a user-friendly and practical manual full of clear teaching strategies as well as concrete examples of appropriate self-regulatory strategies for their students.

Amy C. Laurent, EdM, OTR/L
Co-author of the SCERTS Model® and Educational Consultant
North Kingstown, RI, www.amy-laurent.com

The Zones will cross disciplines and professional organizations to serve as a leading intervention tool that blends methodologies of Social Thinking®, sensory processing and emotional intelligence. The Zones acknowledges the importance of generalization of concepts and builds a bridge between professionals, educators and parents in the form of developmentally appropriate visuals and strategies that can be used across settings. Every child sitting in today’s classroom would benefit from The Zones.

Chris Abildgaard, NCSPP
Autism Consultant and Director of the Social Learning Center, Wallingford, CT

Finally, a book to help teachers and school staff understand my child as well as one that provides a curriculum we can work on together to help my child have more success with peer relationships. As a parent of a child who has benefitted from The Zones of Regulation curriculum, I highly recommend this book to help your child learn better self-regulation and emotion control.

Parent of a six-year-old boy with ADHD and sensory disregulation, Berkeley, CA

The Zones curriculum goes beyond teaching a single child about their sensory and emotional state. It gives parents, therapists and teachers explicit tools to help all children regulate and navigate social and sensory challenges thrown their way. By using The Zones teachings in our home, our children are becoming more flexible thinkers. Happily, our child’s school is adopting The Zones of Regulation into their curriculum as well!

Siobhan Mark, M.S., CCC-SLP
Parent of an eight-year-old twin boys with Asperger Syndrome, Berkeley, CA

During a time when therapists and families are overwhelmed by the plethora of ASD interventions, Leah Kuypers has developed a creative, well-organized and integrated approach to understanding and treating social/emotional regulatory challenges that the entire Individual Education Planning team can use.

Karen Kaplan, M.S. Speech Pathology and Audiology
Autism Spectrum Consultant and Executive Director of Wings Learning Center, Redwood City, CA